

The American Legion Twin Cities Post 313, Inc.
Larkspur & Corte Madera, California

www.americanlegion313.org



Monthly Times

OUR MISSION: TO HONOR, SERVE AND SUPPORT OUR ARMED FORCES, VETERANS AND THEIR FAMILIES, WHILE PROMOTING PATRIOTISM IN THE COMMUNITY

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"Still Serving America"

September 1, 2016

American Legion
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Commander Bob Means

Looking forward to seeing you at our Annual Veterans BBQ. Bring a friend and potential new member.

We are continuing to do all the "necessaries" to keep our building in good repair. We are currently replacing and upgrading the windows in Joanie's that have been subject to leaking. Your Board is attentive to recommendations and making sound decisions to keep us looking sharp for many, many years to come.

The Post is in desperate need of a member to serve as Bar Manager. Responsibilities are straight-forward: keep the inventory current and restock as needed. I look forward to hearing from a volunteer.

First Vice Commander C. J. Carillo

Membership renewals continue to come in. At month end, 92 Post members have renewed and 3 new members have joined, putting us at 57% of goal. **Please renew early, preferably online at: <http://www.legion.org/renew>**

Expect to receive an email or letter asking you to confirm information stored at the National American Legion offices. Not all changes requested have been made, and we ask your cooperation in checking information sent. To allow changes to be made by the Post, the Post needs your birthday. Please provide your birthday for your record.

Member at Large Kit Kubitz

Bill Brennen and Bob Means prepared care packages to go to an Army unit deployed in Iraq including packages prepared by Biomarin of San Rafael with baby wipes, socks, granola bars and drink mixes. See picture below.

Legion supports legislation to enhance VA TBI care

Jun 30, 2016 Jun 30, 2016 The American Legion's Deputy Director of

(Continued on page 3)

Monthly Times

~ September 2016 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9a Coffee (Club Room)	2	3
4	5 Labor Day 11a Veterans Day BBQ	6	7	8 9a Coffee (Club Room)	9	10
11 Patriot Day	12 9a Coffee (Club Room)	13 12p Auxiliary Unit Meeting (Club Room)	14 8:30a Post 313 Breakfast (Club Room)	15 9a Coffee (Club Room)	16	17
18	19 9a Coffee (Club Room)	20	21	22 Fall begins (Northern H.) 9a Coffee (Club Room)	23	24
25	26 9a Coffee (Club Room)	27	28	29 9a Coffee (Club Room) 9:30a Executive Board Meeting (Club Room)	30	

~ October 2016 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 9a Coffee (Club Room) 6:15p General Membership Social (Clubroom) 7:15p General Membership Meeting (Clubroom)	4	5	6 9a Coffee (Club Room)	7	8
9	10 Columbus Day 9a Coffee (Club Room)	11 12p Auxiliary Unit Meeting (Club Room)	12 8:30a Post 313 Breakfast (Club Room)	13 9a Coffee (Club Room)	14	15
16	17 9a Coffee (Club Room)	18	19	20 9a Coffee (Club Room)	21	22
23	24 United Nations Day 9a Coffee (Club Room)	25	26	27 9a Coffee (Club Room) 9:30a Executive Board Meeting (Club Room)	28	29
30	31 Halloween 9a Coffee (Club Room)					

For Veteran's Services, see <http://www.co.marin.ca.us/depts/HH/main/ag/veterans.cfm>



Veterans Affairs & Rehabilitation Roscoe Butler testified during a congressional hearing yesterday. He addressed pending legislation regarding traumatic brain injury (TBI) evaluations for compensation and implementation of peer specialists at the Department of Veterans Affairs (VA) medical centers.

If passed into law, S. 244 would require VA to work with the Institute of Medicine (IOM) to conduct a comprehensive review of VA examinations, ensuring TBI symptoms and subsequent levels of disability are accurately diagnosed for purposes of awarding disability compensation.

Recently, VA acknowledged that it may have under-evaluated nearly 25,000 veterans suffering from TBI. A June 2016 press release stated, "Veterans whose initial examination for TBI was not conducted by one of four designated medical specialists would be provided the opportunity to have their claims reprocessed."

Butler reiterated how difficult TBI is to evaluate during his testimony. As a complex medical condition, the injury requires the expertise of specialized medical professionals to determine the level of severity and disability, he said. By resolution, The American Legion supports legislation that "encourages acceleration in the development and initiation of needed research on conditions that significantly affect veterans."

For Sale Free - Queen size headboard, frame, mattress and box spring in fine condition. Mattress and box spring nearly new. Sat in spare bedroom and used maybe two weeks in all. Post members have first dibs before Craigslist.

Bob Gonzalez bobsrags@gmail.com

Pauline's Birthday Dinner

She's 108 and still looks Great!

Thursday , October 6

Activities begin at 5:00 PM

Dinner at 6:00 PM

\$25.00 per person

Menu Provided by Onore Catering

Braised Italian Short Ribs (Boneless)
Grilled Vegetable and Rissoto Terrine

Crème Fraiche Mashed Potatoes

Sauteed Green Beans

Cesar Salad

Fresh Bread and Butter

Make checks out to and send to:

American Legion Auxiliary Unit 313

500 Magnolia Ave

Larskpur, CA 94939-1329

Please note on envelope "Pauline's Party"

Please reserve by and no cancelation

after Sept. 29, 2016

Post 313 Breakfast

Wednesday, September 14, 2016

8:30 am in Club Room

\$5.00 (All you can eat!)

Includes fruit juice, scrambled eggs with cheese, pancakes, bacon, sausage & coffee.

Reservation: Signup in Club Room or

Call Bill Brennen (415-927-0393) or

Leave message at the Post (415-924-6283)

American Legion Post 313

500 Magnolia Street

Larkspur, CA 94939



**AMERICAN LEGION POST 313
INVITES ALL VETS
AND THEIR GUESTS TO A FREE BBQ**

Labor Day

Monday September 5, 2016

11 AM to 3 PM

American Legion Hall

Free Burgers, Hot Dogs, Potato Salad, Snacks, Soft Drinks and Coffee

No Host Bar; Vets First Drink Free

(No Coffee, no General Meeting on Labor Day)

VETERANS: PLEASE VOLUNTEER TO HELP AT THE EVENT