



The American Legion Twin Cities Post 313, Inc.
 Larkspur & Corte Madera, California
www.americanlegion313.org



Monthly Times

OUR MISSION: TO HONOR, SERVE AND SUPPORT OUR ARMED FORCES, VETERANS AND THEIR FAMILIES, WHILE PROMOTING PATRIOTISM IN THE COMMUNITY

Volume 86 Issue 4

"Still Serving America"

April 1, 2014

UPCOMING EVENTS

Water Wise Edible Gardening at Post 313
Saturday, March 29
10 am - 12 noon
Admission: Free. Refreshments served.
Details on page 3.

Memorial Day Services
Marin Civic Center
Monday, May 26
9:30 am

Ceremonies followed by a free BBQ hosted by
San Anselmo Post 179.

Annual 4th of July
Pancake Breakfast

ONGOING EVENTS

Coffee & Pastries
 Mondays & Thursdays
 9 - 10 am (Club Room)

Post 313 Breakfasts
 Second Wednesday
 8:30 - 10 am (Club Room)

General Membership Meetings
 First Monday Club Room
 6:15 pm - Social
 7:15 pm - Business Meeting

Executive Board Meetings
 Last Thursday
 9:30 am - 12 noon

Commander Bob Means

Happy Spring Everyone,
 The pulse of your Post remains strong.

It was my pleasure to see many of you at our Member Appreciation Dinner on March 15th. Great food and, as always, thanks to Tad and Elena for handling the Bar, to Andy for Wine Sales and our set up crew.

Over half of our dinner attendees had not attended an event in the past year. We're very happy to be hosting events that appeal to more members. If you have any thoughts, please forward to myself or any officer.

This dinner was a thank you to all members for their support by way of just being members of Post 313. Individual contributors, those who have given so many hours of their time throughout the last year were not recognized at dinner but I know who you are and I thank you. Because of the support of our corps of volunteers we are able to underwrite events like the Appreciation Dinner.

We are in the planning phase to host an event where we hope to recognize those of you who make a difference.

We are looking for a person, duo, syndicate, mob or other bunch to chair our Veterans/Fisher House Fundraiser in November. This is a great event for Vets and Active Service members. Contact the Commander.

Don't forget our **April 7 General Membership Meeting** and your opportunity to vote for Post Officers.

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Auxiliary Unit

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2nd Vice President Maxine Cohen
415-924-3833
Past President Pauline Angleman
415-924-3447
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415-924-0323
Treasurer Merna McIntosh
415-924-4461
Historian: Brenda McKown
415-927-7731
Chaplain: Margaret St. John
415-884-0438

April 2014

3	9 am	10 am	Coffee
7	9 am	10 am	Coffee
7	6:15 pm		General Membership Mtg /Election of Officers (Club Room)
8	12 noon	2 pm	Auxiliary Unit Mtg (Club Room)
9	8:30 am	10 am	Post Breakfast (Club Room)
10	9 am	10 am	Coffee
14	9 am	10 am	Coffee
17	9 am	10 am	Coffee
20			Easter Sunday
21	9 am	10 am	Coffee
24	9 am	10 am	Coffee
24	9:30 am	12 noon	Executive Committee Meeting (Club Room)
28	9 am	10 am	Coffee

May 2014

1	9 am	10 am	Coffee
5	9 am	10 am	Coffee
5	6:15 pm		General Membership Meeting (Club Room)
8	9 am	10 am	Coffee
11			Mother's Day
12	9 am	10 am	Coffee
13	12 noon	2 pm	Auxiliary Unit Mtg (Club Room)
14	8:30 am	10 am	Post Breakfast (Club Room)
15	9 am	10 am	Coffee
19	9 am	10 am	Coffee
22	9 am	10 am	Coffee
26			Memorial Day
29	9 am	10 am	Coffee
29	9:30 am	12 noon	Executive Committee Meeting (Club Room)

For calendar updates, see the club room bulletin board & the post website: <http://americanlegion313.org>

For Veteran's Services, see <http://www.co.marin.ca.us/depts/HH/main/ag/veterans.cfm>



Post 313 Breakfast

Wednesday, April 9
8:30—10 am in Club Room
\$5.00 (All you can eat!)

Includes fruit juice, scrambled eggs with cheese, pancakes, bacon, sausage and coffee.

Reservation: signup in Club Room , call Bill Brennen (415-927-0393) or leave message at the Post (415-924-6283).

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Post 313 Pool Squad

Your reps continue to practice and hone their skills every Thursday eve at their training facility. If you would like to join the team or just drop by to offer support, our team meets at the Silver Peso. We may have a rematch with Post 179 coming up in a month.

1st Vice Commander - Tom Beck

Membership: we are within striking distance for 2014 membership goal. A big thanks to Gene Plocki for finding us a new member as well as to Pat Williams. To our new members: Ron Broyles, Morgan Samuels and Jenevieve Williamson, Welcome Aboard! I really appreciate members answering my challenge, everyone knows a vet that isn't a member of our Post.

For Boys State, we have selected our three boys that will be heading to Sacramento in June. All three are from Redwood High School. This is more boys than we have sent in years if ever and it's great for everyone.

Water Wise Edible Gardening at Post 313

American Legion Post 313 is hosting a two-hour Drought Information Session Saturday, March 29, starting at 10 am. Come learn what your current water situation looks like and what lies ahead.

Keith Bancroft of the Marin Municipal Water District will up-date you on the water wise State of the County. Master Gardener, Stan Barbarich will tell you how to use that precious water wisely in your edible garden.

Tom Bressan of The Urban Farmer Store, will discuss gray water and efficient irrigation. Tom is the Founder and President of The Urban Farmer a 30-year-old company with stores in San Francisco, Mill Valley, and Richmond, selling efficient landscape irrigation and lighting to landscape professionals, homeowners and municipalities.

Auxiliary News— President Elena Bartley

Happy Spring to all from the Auxiliary. We are happy to have been working with Tamalpais High School in Mill Valley for the Girls State delegate. It's been many years since our A.L.A. has sent a Girls Stater. I think we have chosen a great delegate and 1st alternate. More to come!

From Service Officer Sean Stephens: Delta Dental's Veterans Affairs Dental Insurance Program (VADIP)

Enrollment Commitment

Initial 12-month commitment

Continuing month-to-month

Automatic renewal

Coverage will be effective the first day of the month after receipt and acceptance of the application, beginning 1/1/14

Easy enrollment

Go to deltadentalvadip.org.

Don't have Internet access? Visit your local Veterans Affairs center to pick up an application that can be mailed.

For the first time in history, the U.S. Government has authorized a national dental insurance program for Veterans enrolled in VA healthcare and individuals enrolled in VA's Civilian Health and Medical Program (CHAMPVA). Here are just a few features:

Affordability

You'll receive quality dental care at a price you can afford. Premium rates will vary depending on your geographic region and the plan option you select. Visit deltadentalvadip.org for your specific program rates.

Expansive dentist network

You'll experience maximum cost savings when you see a PPO network dentist. With your visit to a PPO dentist, services like cleanings, exams and x-rays are covered at 100%, with no deductible!

Because PPO dentists accept lower fees for covered services, you'll always pay less for your dental care by visiting a network dentist.

Freedom of Choice

You can decide which plan design best meets your needs: Standard, Enhanced or Comprehensive.

LaVier Fusion Cuisine Catering

Gabriela Vieyra & Guillermo Lara
Proprietors

*"Our menus are planned carefully
according to your expectations."*

415-342-9126 laviercuisine.com

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